

# **Hurworth School**

## **Social Emotional Aspects of Learning (SEAL) Policy**

**Accepted by:** Governing Body – September 2010

**Senior Leadership Team Lead Reviewer:** Lindsay Burn

**Review Cycle:** 3 years

**Date for Review:** September 2013

### **Rationale: Aims and Objectives**

Social Emotional Aspects of Learning (SEAL) is a comprehensive approach to promoting the social and emotional skills that underpin effective learning, positive behaviour and Emotional Health and Well Being in schools. The school fully adheres to the SEAL objectives, and believes that the integration of this learning will create an emotionally safe environment where social and emotional skills can be learnt and practiced. This global approach to promoting the wellbeing of children and young people is evident in the way in which SEAL threads through the curriculum and the ethos of the school. This is apparent in the whole school policies for a number of different areas, including safeguarding, behaviour management, inclusion and citizenship.

### **Aspects of Learning**

There are five broad aspects of learning in SEAL:

- Self Awareness
- Managing Feelings
- Motivation
- Empathy
- Social Skills

SEAL is based upon the notion that skills are effectively learnt through:

- A whole school approach to creating the climate and conditions for learning that implicitly promote the skills and allow these to be practised and consolidated
- Direct and focused learning opportunities (during tutor time, specialist SEAL days, and across the curriculum)
- Using learning and teaching approaches that support students to learn new skills and consolidate those already learnt
- Staff development

The school has made a commitment to implementing SEAL by:

- Identification of a named Assistant Head teacher to act as co-ordinator
- Identification of SEAL as a priority in the School Improvement Plan
- All staff have received introductory CPD related to SEAL
- Staff in school share good practice and are developing effective teaching and learning approaches to SEAL