

Hurworth School Canteen Food Policy

Accepted by: Board of Directors March 2015
Lead Reviewer: School Manager and Catering Manager
Review Cycle: 1 Year
Last reviewed: September 2018
Date for next review: September 2019

This school is committed to providing an environment that promotes healthy eating which enables pupils to make informed choices about the food they eat. This will be achieved in the school canteen by the approach documented in this policy.

The aims of this policy are:

1. To enable pupils to make healthy food choices through the provision of information and development of appropriate skills and attitudes
2. To provide healthy food choices throughout the school day
3. To ensure the safety of pupils with specific food allergies

Food and drink provision during the day

The school canteen is open twice a day:

Break

Lunch

The school adheres to National Guidelines.

To ensure standards are held to an optimum level the following systems are in place:

- The school adheres to the current regulations where all 14 allergens are identified in all food offered in the canteen
- Risk assessments have been prepared by the Catering Manager. All prepared food has been mapped out to consider if these allergens are included
- I-pad pictures are available so that canteen staff can identify if any of the allergens are present in any particular dish
- Signage about food allergies is displayed both at the entrance to and within the canteen
- The tills flag up potential allergens being present
- Copies of care plans are available in the kitchen
- All of the staff in the canteen have received food allergen training
- All of the staff have received epi-pen training

Drinking water

The National Nutritional Standards for Healthy School lunches recommend that drinking water should be available to all pupils, every day and free of charge. This school agrees with this and provides a free supply of drinking water in the Canteen and in the Main Office.

Packed lunches

The school encourages parents and carers to provide children with packed lunches which complement these standards. Parents/carers are reminded of the importance of a healthy diet and the dangers of certain allergens.

Special Dietary requirements

Special diets for religious and ethnic groups - The school provides food in accordance with pupils' religious beliefs and cultural practices.

Vegetarians and vegans – The school offers a vegetarian option at lunch every day. When necessary, the school can provide a vegan option.

Food allergy and intolerance - Individual care plans are created for pupils with food allergies. They are kept in the Main Office and in the Catering Manager's office. These document symptoms, adverse reactions and actions to be taken in an emergency as well as emergency contact details. The Canteen Manager is informed of any food allergies/food intolerance and requests for special diets by the School Manager.

Food safety

Appropriate food safety precautions are taken when food is being prepared or stored. These vary depending on the food on offer and include:

- Ensuring that adequate storage and washing facilities are available
- Ensuring that food handlers undergo appropriate food hygiene training
- Providing suitable equipment and protective clothing

Any food safety hazards are identified and controlled. We consult our local Environmental Health Department about any legal requirements.

The canteen currently holds a Five Star Award for cleanliness which was issued by Darlington Borough Council in November 2015.

Monitoring and Evaluation

This policy will be reviewed annually by the Catering Manager and the School Manager.