

PE ILT Task 5 –
Planning your own
Skill Activity

Deadline:
Time Spent: 1 Hour
Teacher Responsible: KSR

Key Learning Objectives:

- To understand why a Skill activity is important.
- To understand what a Skill activity does.
- To be able to plan and lead your own Skill activity.

Main Task:

1. To research Skill activity in your selected sport.
2. To plan your own skill activity **that you will lead** in your PE lessons.

Assessment:

1. Your planning of the skill activity will be assessed by KSR and will be given an effort grade.
2. You will then be assessed on your leadership skills and how you lead your skill activity.

A*	A	B	C	D	E	F	G	U
7a – 7b	7c – 6a	6b – 6c	5a – 5b	5c – 4a	4b – 4c	3a – 3b	3c	2a