



Buddhism



Islam



Hindu



Judaism



Jain



Year 9 RS ILT Challenge Grid

- **There are 3 stages to your ILT.**
- **The first stage is to learn key words which you will need to know for this topic. You will be tested in lesson on the spelling and meaning of these words.**
- **The second stage involves being creative and developing your understanding about the topic area. You might have to do some research first so you know the answers but then you can get creative to demonstrate your ideas and understanding.**
- **The final stage is to complete an assessed question. This will be marked by your teacher and will be used together with the understanding you have demonstrated in your development tasks to give you're your ILT level for this half term.**

Investigating Buddhism

Key Words (45 minutes)

Buddhism: a religion founded 2500 years ago by Siddhartha Gautama

Buddha: a title given to someone who has achieved enlightenment

The four sights: old age, illness, death and a holy man; these 4 sights led the Buddha to leave his life of luxury in the palace

Jataka: the Jataka tales are popular stories about the lives of the Buddha

Ascetic: living a simple life with few possessions

Meditation: a practice of calming and focussing the mind and reflecting deeply on specific teachings to think about their true meaning

Enlightenment: gaining true knowledge about God, self or the nature of reality.

Mara: demon that represents spiritual obstacles

Dharma: the Buddha's teachings

Sanskrit: the language used in the later Indian Buddhist texts

You need learn the meaning and spelling of these words. You will have a key word test in lesson.

Developing Knowledge (1hr 30minutes)



Research the four sights and then create a flow map which shows how the Buddha discovered the 4 sights.



Produce a poster which shows your own version of the demon Mara.



Download a mediation app like Headspace and give it a go! Write a journal entry for 3 days where you have tried meditating. Write about what you felt and the difficulties that you might have had.



Research the life of the Buddha as a ascetic. Write a diary entry which shows how the Buddha lived; what he ate, what he did, where he went etc when he was living as an ascetic.

You need to collect at least 4 badges by completing a selection of the tasks above. The different badges show which skills you can develop.

Assessing Knowledge (45 minutes)

Explain how the life of a Buddhist is affected by the teachings of the Buddha.

A good answer to the question would look like this:

You demonstrate a **clear understanding** of the question.

- A fairly complete and full description / explanation / analysis
- A comprehensive account of the range/depth of relevant material
- The information is presented in a structured format
- There is significant, appropriate and correct use of specialist terms.
- There are few if any errors in spelling, grammar and punctuation

Assessed Task

Use the information that you have learnt by completing the first 2 tasks to write your response.